

# Ottawa's Testing Update: March 31, 2022

## OTTAWA COVID-19 TESTING TASKFORCE

Updated: March 31, 2022, 3:30 p.m. EDT

The next Testing Update will be released on Monday, April 4

### Highlights

<p><b>980</b></p> <p>Average daily PCR tests collected (7 day trend)</p>	<p><b>968</b></p> <p>Average daily lab tests processed<sup>1</sup> (7 day trend)</p>	<p><b>82</b></p> <p>Number of tests in progress as of March 31<sup>2</sup></p>	<p><b>17.3%</b></p> <p>Positivity rate in Ottawa residents (March 23 – March 29)<sup>3</sup></p>
<p><b>14 hours</b></p> <p>Average turnaround (From the time the swab is received at the lab to the result)<sup>4</sup></p>	<p><b>22 hours</b></p> <p>Average turnaround (from the time the swab is taken at a testing site to the result)<sup>5</sup></p>	<p><b>4,689</b></p> <p>Current daily lab capacity<sup>6</sup></p>	

### Book a PCR COVID-19 test or see a medical professional for an assessment

Location and hours	Book an appointment
<p><b>COVID-19 Care and Testing Centre – Moodie</b></p> <p><b>Hours:</b></p> <ul style="list-style-type: none"> <li>Monday to Friday, 8:00 am to 3:30 pm</li> <li>Saturday, CLOSED</li> </ul> <p><b>Location:</b> <u>595 Moodie Drive, Ottawa</u></p>	<p><a href="#">Click here</a> to book an appointment</p>
<p><b>Orléans Health Hub COVID-19 Testing Centre</b></p> <p><b>*NEW:</b> The Ray Friel COVID-19 Testing Centre is moving to the Orléans Health Hub at 2225 Mer-Bleue Road. The Testing Centre will close its doors at the Ray Friel Recreation Complex on Tuesday, March 22 and will reopen at the Orléans Health Hub on Friday, March 25.</p> <p><b>Hours:</b> Monday to Friday, 8:00 am to 3:30 pm</p> <p><b>Location:</b> Orléans Health Hub (West Entrance) – <u>2225 Mer-Bleue Road, Orléans</u></p>	<p><a href="#">Click here</a> to book an appointment</p>

<sup>1</sup> Testing data compiled from the Eastern Ontario Regional Laboratory Association (EORLA) and Public Health Ontario Lab (PHOL). Includes PCR tests collected by assessment centres, care clinics, hospitals, and long-term care homes.

<sup>2</sup> EORLA data only.

<sup>3</sup> The positivity rate is reported in alignment with Ottawa Public Health ([Ottawa Public Health's COVID-19 Dashboard](#), page 5)

<sup>4</sup> Average turnaround from the time the test is received at the lab to the time of reporting (EORLA data only).

<sup>5</sup> Average turnaround from the time the swab is taken at a testing site to the time of reporting (EORLA data only)

<sup>6</sup> Available lab capacity is maintained in accordance with Ontario Health

<p><b>COVID-19 CHEO Assessment Centre and Kids Come First Care Clinic</b>  *NEW: Beginning Thursday, March 24, the COVID-19 CHEO Assessment Centre and Kids Come First Care Clinic at Brewer Park Arena will relocate to CHEO’s main campus at 401 Smyth Road.  <b>Hours:</b> Every day, 8:30 am to 3:30 pm  <b>Location:</b> CHEO Main Campus – <u>401 Smyth Road, Ottawa</u></p>	<p><a href="#">Click here</a> to book an appointment</p>
<p><b>COVID-19 Assessment Centre for Adults at Brewer Park</b>  *NEW: Starting Monday, March 21, Brewer will close during the lunch hour each day. DIY Test Kit collection and drop off will be available from 8:30 am to 11:30 am and from 12:30 pm to 3:30 pm.  <b>Hours:</b> Every day, 8:30 am to 11:30 pm &amp; 12:30 pm to 3:30 pm  <b>Location:</b> <u>151 Brewer Way, Ottawa</u></p>	<p><a href="#">Click here</a> to book an appointment</p>
<p><b>North Grenville COVID-19 Assessment Centre (Kemptonville)</b>  <b>Hours:</b></p> <ul style="list-style-type: none"> <li>• Monday to Friday, 9:00 am to 5:00 pm</li> <li>• This location is no longer open on Sundays</li> </ul> <p><b>Location:</b> <u>15 Campus Drive, Kemptonville</u></p>	<p><a href="#">Click here</a> to book an appointment</p>
<p><b>East Ottawa Kids COVID Care Clinic</b>  <b>Hours:</b></p> <ul style="list-style-type: none"> <li>• Monday to Friday, 5:00 pm to 9:00 pm</li> <li>• Saturday and Sunday, 9:00 am to 1:00 pm</li> </ul> <p><b>Location:</b> <u>4289 Innes Road, Orléans</u></p>	<p><a href="#">Click here</a> to book an appointment</p>
<p><b>The Ottawa Hospital Clinical Assessment Centre</b>  <b>Hours:</b></p> <ul style="list-style-type: none"> <li>• Monday to Friday, 8:00 am to 4:00 pm</li> <li>• Saturday and Sunday, CLOSED</li> </ul> <p><b>Location:</b> <u>The Ottawa Hospital, 1081 Carling Ave, Suite 601</u></p>	<p><a href="#">Click here</a> to book an appointment</p>

# COVID-19 testing highlights

Testing site	Average daily PCR tests collected (7 day trend)
<b>Ottawa-area assessment centres</b>	<b>259</b>
COVID-19 Care and Testing Centre – Moodie	83
Orléans Health Hub COVID-19 Testing Centre	44
COVID-19 CHEO Assessment Centre and Kids Come First Care Clinic	62
COVID-19 Assessment Centre at Brewer Park Arena	57
North Grenville COVID-19 Assessment Centre	10
Ottawa Community Health Centres	1
East Ottawa Kids COVID-19 Care Clinic	3
The Ottawa Hospital Clinical Assessment Centre	0
<b>Ottawa-area hospitals</b>	<b>432<sup>7</sup></b>
<b>Ottawa-area long-term care homes</b>	<b>34<sup>8</sup></b>

## \*NEW: CHEO Assessment Centre and Ray Friel Testing Centre relocating to new locations

### Changes to the CHEO Assessment Centre at Brewer Park Arena

Beginning Thursday, March 24, the **COVID-19 CHEO Assessment Centre and Kids Come First Care Clinic at Brewer Park Arena** will relocate to CHEO's main campus at 401 Smyth Road. The new location at CHEO will continue to distribute Do-It-Yourself Test Kits to eligible kids and youth, in addition to in-person consultations with CHEO's collaborative assessment team through the Kids Come First Care Clinic. The site will have the same hours of operation, every day from 8:30 am to 3:30 pm.

Families visiting the new CHEO location are reminded to:

- Book an appointment by visiting [OttawaPublicHealth.ca/CovidTesting](https://OttawaPublicHealth.ca/CovidTesting).
- Park in the CHEO visitor parking lot (regular parking rates apply).
- Enter through the CHEO main entrance. Families will line-up at the main entrance, check-in at the screening station, and be escorted down the hall to the care clinic. They do not need to complete online screening.

<sup>7</sup> EORLA data only.

<sup>8</sup> Reported in alignment with Ottawa Public Health's [COVID-19 Ottawa Residents Tested](#).

While CHEO's testing services are transitioning out of Brewer, The Ottawa Hospital will continue to operate the COVID-19 Assessment Centre for Adults at Brewer Park. Eligible residents over the age of 18 can continue to pick-up and drop-off a Do-It-Yourself Test Kit at the trailer located in Brewer Park.

## Changes to the Ray Friel Testing Centre

Starting Friday, March 25, the **Ray Friel COVID-19 Testing Centre**, currently located in the Ray Friel Recreation Complex, will relocate to the Orléans Health Hub West Entrance at 2225 Mer-Bleue Road in Orléans.

While Montfort's testing services transition to the new location, the Ray Friel Testing Centre will be closed on Wednesday, March 23 and Thursday, March 24.

The new location at the Orléans Health Hub will operate as a drive-up centre. Most residents will self-administer a COVID-19 swab inside their car and hand over the completed test for processing at the lab. A testing area will also be available for residents who arrive without a vehicle or for residents who cannot self-administer their own swab (such as very young children). The centre will continue to offer testing for anyone aged 6 months and up and the hours of operation will remain from 8:00 am to 3:30 pm.

Residents visiting the new Orléans Health Hub location are reminded to:

- Book an appointment by visiting [OttawaPublicHealth.ca/CovidTesting](https://OttawaPublicHealth.ca/CovidTesting) or calling 613 288-5353 if they don't have access to the internet.
- Not to eat or drink 30 minutes before their appointment.
- Park in one of the designated spots outside the west entrance and not enter the building.
- Remain in their vehicle or the outdoor waiting area until someone comes out to bring them a test kit.

For more information and to book an appointment for a COVID-19 test or an in-person assessment, please visit [OttawaPublicHealth.ca/CovidTesting](https://OttawaPublicHealth.ca/CovidTesting).

## Who qualifies for a PCR COVID-19 test

As per provincial testing guidance, you are eligible for PCR COVID-19 testing if you have [COVID-19 symptoms](#) and are any of the following:

- a patient-facing health care worker
- a patient in an emergency department, at the discretion of the treating clinician
- a staff member, volunteer, resident, inpatient, essential care provider, or visitor in the [highest risk settings](#)\*
- a home and community care worker
- a Provincial Demonstration School and hospital school worker
- someone who lives with a patient-facing health care worker and/or a worker in the [highest risk settings](#)\*
- an outpatient being considered for COVID-19 treatment

- an outpatient who requires a diagnostic test for clinical management
- a temporary foreign worker living in a congregate setting
- underhoused or experiencing homelessness
- pregnant
- a first responder, including firefighters, police and paramedics
- an elementary or secondary student or education staff who has received a PCR self-collection kit, if available through your school
- other individuals as directed by the local public health unit based on outbreak investigations in [high risk settings](#), etc.\*

Whether you have symptoms or not, you are eligible for PCR COVID-19 testing if you:

- are an individual from a First Nation, Inuit, Métis community, and/or who self-identifies as First Nation, Inuit, and Métis and their household members
- are an individual travelling into First Nation, Inuit, Métis communities for work
- are being admitted or transferred to or from a hospital or congregate living setting
- are a close contact of someone in a confirmed or suspected outbreak in a highest risk setting, or other settings as directed by the local public health unit
- have written prior approval for out-of-country medical services from the General Manager of OHIP or are a caregiver for someone who does
- are in a hospital, long-term care, retirement home or other congregate living setting, as directed by public health units, provincial guidance or other directives

If you have symptoms but are not eligible for testing, assume you have COVID-19 and follow the steps for [what to do if you've been exposed to COVID-19](#).

\* The highest-risk settings include:

- hospitals and health care settings, including complex continuing care facilities and acute care facilities
- congregate living settings, such as long-term care and retirement homes, First Nation elder care lodges, group homes, shelters, hospices, temporary foreign worker settings, correctional institutions and Provincial Demonstration Schools and hospital schools
- home and community care settings

Ottawa's assessment centres and care clinics, Community Health Centres (CHCs) and Emergency Departments are **not permitted** to provide testing for asymptomatic unvaccinated individuals who require proof of a negative test to enter their workplace, go on campus or attend a public event.

Provincially funded pre-procedure testing is reserved for unvaccinated asymptomatic patients undergoing a general anesthetic or other significant intervention where unrecognized COVID-19 can result in serious complications.

Vaccinated asymptomatic patients and unvaccinated asymptomatic patients undergoing elective procedures that are not covered by OHIP (e.g., cosmetic surgery) and/or do not involve general anesthetic are not covered by provincially funded testing at an assessment centre or care clinic. Applicability will be determined by site staff on a case by case basis and patients may be referred to self-pay options through pharmacies or private lab services.

For asymptomatic testing, please visit a pharmacy or lab offering these tests, or inquire with your employer, campus or event planner. A list of locations is available on the provincial government's website: [covid-19.ontario.ca/assessment-centre-locations](https://covid-19.ontario.ca/assessment-centre-locations).

If you are in distress (e.g., significant trouble breathing, chest pain, fainting, or have a significant worsening of any chronic disease symptoms), do not go to an assessment centre or a COVID-19 Care and Testing Clinic. **Go to the nearest emergency department or call 9-1-1.**

## Private testing options for international and domestic travellers

Following [testing guidance](#) from the Ministry of Health, Ottawa's assessment centres no longer provide free COVID-19 tests for the purpose of pre-travel clearance.

Travellers should consult their travel carrier's guidelines to ensure they have the most up-to-date information about requirements. Travellers should also refer to the federal government's [travel website](#) for up-to-date expectations and requirements related to their destination.

If there is a requirement to provide proof of a negative COVID-19 test when traveling domestically or internationally, it is important to ensure ample time for testing and receiving results. COVID-19 testing services are available for a fee, and travellers in need of a test are encouraged to search for convenient local options. Travellers are also responsible for verifying COVID-19 testing requirements with their airline or the place they will be visiting.

### Suggested private providers to get tested for pre-travel clearance:

#### Ottawa West Travel Medicine Clinic

*In addition to pre-travel testing, the Ottawa West Travel Medicine Clinic also offers in-house PCR testing and doctor assessments to aid in issuing Certificates of Recovery and Fitness to Travel.*

- 760 Eagleson Road (2nd Floor Superstore) Kanata
- 613-301-6010 / 613-592-9081
- [www.ottawatravelmedicine.com](http://www.ottawatravelmedicine.com)

### **Pharmacie MediOne**

- 103-595 Montréal Road, Ottawa
- 613-422-2071
- [www.pharmaciemedione.ca](http://www.pharmaciemedione.ca)

### **Riverside Travel Medicine Clinic**

- 411-1919 Riverside Drive, Ottawa
- 613-733-5553
- [www.travelclinic.org](http://www.travelclinic.org)

### **Appletree Medical Centres**

- 2150 Robertson Road, Ottawa
- 356 Woodroffe Ave, Ottawa
- 1595 Merivale Road, Ottawa
- 2573 Baseline Road, Ottawa
- 150 Katimavik Road, Ottawa
- 225 Preston Street, Ottawa
- [Click here](#) to book online

### **Immigration Physician Ottawa**

- 1935 Bank Street, Ottawa
- 4289 Innes Road, Orleans
- [www.pcrtraveltestontario.com](http://www.pcrtraveltestontario.com)

### **Lacroix Medical Clinic**

- 232 Boulevard Saint Joseph, Gatineau, Québec
- 819-778-1330

### **Dynacare Clinics in Montreal**

- 475, boulevard de la Côte-Vertu, Saint-Laurent, Québec
- 8560, rue Saint-Hubert, Montreal, Quebec

### **Shoppers Drug Mart**

- Check [online](#) for locations

*Please note that this is for informational purposes only and there are fees associated at these clinics.*

## Booking a test for those without internet

Please note that the following phone numbers are reserved for residents who need to book an appointment for a COVID-19 test and who do not have access to the internet:

Assessment centre	Phone number
COVID-19 Care and Testing Centre – Moodie	613-721-4722
Orléans Health Hub COVID-19 Testing Centre	613-288-5353
COVID-19 CHEO Assessment Centre and Kids Come First Care Clinic	613-737-7600 x6720
COVID-19 Assessment Centre at Brewer Park	613-737-8193
North Grenville COVID-19 Assessment Centre	613-258-3192
East Ottawa Kids COVID Care Clinic	613-566-4470
The Ottawa Hospital Clinical Assessment Centre	613-798-5555 x19507

Individuals who do not have phone or internet access may book a future appointment in-person at an assessment centre. People experiencing homelessness, who are unable to book an appointment and meet the criteria for testing, may be tested at the assessment centre during regular hours of operation.

Residents should not go to the emergency department for COVID-19 testing.

## For more information

- [Ottawa's COVID-19 Dashboard](#)
- [The Government of Ontario's COVID-19 information](#)
- Other Public Health Units in the Champlain Region:
  - [Leeds, Grenville and Lanark District Health Unit](#)
  - [Eastern Ontario Health Unit](#)
  - [Renfrew County and District Health Unit](#)
- For media inquiries: [media@ottawatestingtaskforce.com](mailto:media@ottawatestingtaskforce.com)

## About the Ottawa COVID-19 Testing Taskforce

The Ottawa COVID-19 Testing Taskforce coordinates COVID-19 testing efforts across the city. Our work is based on guidance provided by Ontario Health, as part of carrying out the provincial government's testing strategy.

We recognize the demand for testing has accelerated. Members of our community – including parents, long-term care home visitors and essential workers – need a clear and consistent source of information when it comes to *where* to get a COVID-19 test, and *who* should get tested.



To meet this growing and important need, the Taskforce will publish Ottawa's Testing Update to keep the community up-to-date on ongoing testing guidelines and informed about any new directives or changes to Ottawa's assessment centres.

## Ottawa COVID-19 Testing Taskforce members

- CHEO
- City of Ottawa, Office of Emergency Management
- Eastern Ontario Regional Laboratory Association (EORLA)
- Hôpital Montfort
- Kids Come First Health Team
- Ottawa Community Health Centres
- Ottawa Health Team - Équipe Santé Ottawa
- Ottawa Public Health
- Public Health Ontario Laboratory (PHOL)
- Queensway Carleton Hospital
- The Ottawa Hospital